

SPRING 2023



communiqué

Alumni
making an
impact with
Children's
Surgery
International



*Our mission
in the world*



ACADEMY OF
HOLY ANGELS

Mission Statement

The mission of Academy of Holy Angels is to educate and nurture a diverse student population so that each student, as a whole person, may achieve full potential to excel intellectually, to live spiritually, to lead responsibly, to act justly, and to serve selflessly.

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Communiqué is published two or three times a year. Submit items to alumni@ahastars.org. AHA reserves the right to edit all submissions.

Special thanks to Charlie Gorrill, David Frear, Joe Berg '05, and others for photos for this publication.

On the cover: Alumni Joe Arms '84 and Anna Koppel '06 serve families in Africa through Children's Surgery International. Read more about their impactful work on page 4.

Below: Academy of Holy Angels' volunteers and donors were recognized on March 21. Read more about the awardees on pages 12 and 13.





Dear Friends of Academy of Holy Angels,

I am pleased to share with you the spring edition of the Communiqué. The arrival of spring's beginnings fills the hallways on 66th and Nicollet with excitement and anticipation.

As part of the tradition handed down to us by our founders, the Sisters of St. Joseph, our mission as a Catholic high school elevates the importance of service as one of our major cornerstones. "Love of thy neighbor without distinction" is lived through service and giving back to humankind. This is the *AHA Way!*

We express this each year in our ongoing service learning program, which now includes a full day of total school engagement across the Twin Cities community. Additionally, I am frequently reminded and inspired by the knowledge that our students give thousands of hours in service to our local community and far beyond.

That, however, is just the starting point. So many of our graduates continue to give back, sharing their gifts and time throughout the world. This Communiqué provides insight into how two of our alums have continued to foster that seed of service.

I share with you one of my favorite quotes that speaks to what service is:

"We make a living by what we get, but we make a life by what we give. I don't know what our destiny will be, but one thing I do know: the only ones among us who will be really happy are those who have sought and found how to serve."

– Albert Schweitzer

The service seed is planted at Holy Angels, and our alumni continue to seek and nurture it. It warms my heart to know that we have thousands of **happy** alumni and friends.

Enjoy this Communiqué, and may God continue to bless you and your families!



Sincerely,

Tom Shipley,
President

AHA Alumni, Of Service to Others



Anna (far right) poses with her mother (center) and fellow doctors and nurses.

At the heart of the Academy of Holy Angels mission statement is that our students and our alumni go out into the world and serve selflessly. The Sisters of St. Joseph of Carondelet have modeled this Christ-like commitment to serving our dear neighbor without distinction since our founding in 1877.

AHA students are immersed in service opportunities throughout their high school career. Each student is required to complete a minimum of 75 hours of Christian service before graduating. In addition, they may also earn a Blue Service Award each year for doubling the requirement or a Gold Service Award for tripling the yearly requirement.

AHA's Faith in Action program ensures that each sport and activity actively engages in group service. And finally, AHA has an All-School Service Day each May where every staff member and every student in the school goes out into the community to provide service in a variety of ways. In 2022, over 650 people put in nearly 2,000 hours of service.

We are proud of alumni Anna Koppel '06 and Joe Arms '84 who, through their medical expertise and dedication to helping others, care for underserved children in other countries through Children's Surgery International (CSI). Anna and Joe became affiliated with CSI on their own accord and on separate trips. Here are their reflections on this important work.



Dr. Joe Arms examining a young patient

A REFLECTION BY JOE ARMS '84

As a physician, my core responsibilities with Children's Surgery International (CSI) are screening patients before surgeries and taking care of them while they are in the hospital. Part of my work there is also teaching medicine to the local doctors and nurses.

What struck me most was the joyful manner in which the Liberians live. The entire country has a level of poverty we just don't see in the United States, yet the average Liberian seems to enjoy life more than the average American. It was a good reminder that happiness comes from relationships with family, friends, community, and the simple pleasures life has to offer.

One of the biggest challenges in this work is not having the resources to help some of the patients. Simple things that are in every hospital in the U.S. are a scarce to nonexistent resource in Liberia. Some of the joys that came from the work was being with the team of health care providers from all sorts of backgrounds. While we were all coming from different experiences and walks of life, we were all like-minded in our efforts to do what we could do to help the Liberian people.

My parent's emphasis on community involvement and service was and continues to be a big influence on me. In addition, the fact that community service was required while I was a student at Holy Angels helped create the foundation for my interest in this kind of service work. I've taken one trip with Children's Surgery International, and I hope to go annually - either back to Liberia or to one of the other countries CSI supports.

“An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity.” – Martin Luther King, Jr.

A REFLECTION BY ANNA KOPPEL '06

My first trip with Children’s Surgery International was in 2010 when I was a nursing student. Since then, I have gone on eight trips total to Vietnam, Liberia, and Tanzania. On these CSI mission trips, I work in the Post Anesthesia Care Unit and teach nurse education related to requested topics from the local health care workers.

Over the years, I’ve learned that children don’t choose who or what circumstances they are born into. I believe each one should get a fair shot at becoming the best they can be, which means they deserve nutrition, a support system, and health care. I am honored to support all children, no matter their walk of life or their current situation.

The biggest challenge in this work is that I have to focus on what I can do, not what I can’t do or change. I knew from a young age, and with the help of my Holy Angels education, that I was born to serve. I am proud to do it; it is in my blood.

CHILDREN’S SURGERY INTERNATIONAL

Children’s Surgery International makes a difference around the world by providing free surgical services to children in need. They build partnerships with local hospitals and conduct surgical mission trips to



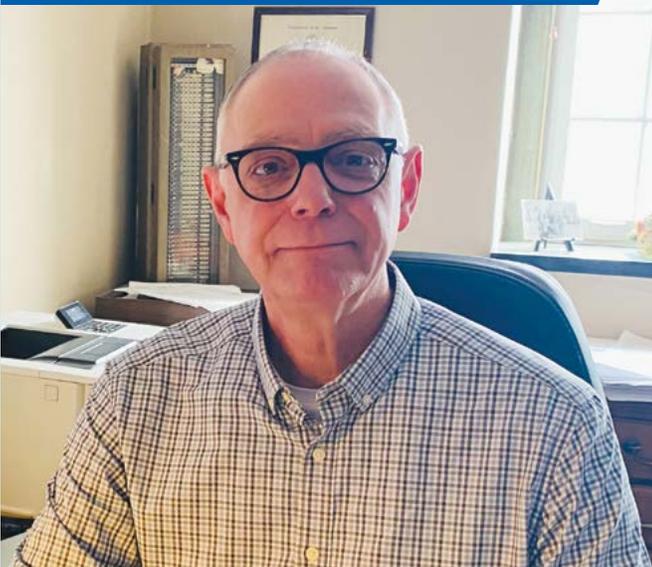
some of the poorest regions of the world. There they provide pediatric surgical and medical care to children who would not otherwise have access to such highly specialized services. Their educational mission is to provide local medical professionals with hands-on training in the operating room and at the patient bedside, with the goal to make the local surgical community self-sufficient in providing care.

For more information about Children’s Surgery International go to: <https://childrensurgeryintl.org>.



“This picture shows our CSI members posing with a Liberian neighborhood soccer team after getting schooled on how soccer is really played!” – Joe Arms '84

Mark Melhorn, Loyal Leadership for 38 Years



In June, Assistant Principal Mark Melhorn will retire after 38 years of service to Academy of Holy Angels. Mr. Melhorn taught social studies for ten years, then became Dean of Students, and has been Assistant Principal for 20 years. His impact is broad, and his role covers everything from security to student discipline, work study oversight to activities director. In his words, “My main role as an administrator has been to provide a safe, comfortable environment so teachers can teach and students can learn.”

When reflecting upon nearly four decades at AHA, Mark shared, “It’s been an honor and privilege to work here. I do honestly believe I’ve worked with the best faculty, staff, and administrators in the state. The dedication they have to the education of students is phenomenal.” He shared that a student once said he handled a discipline situation as being ‘tough but fair’, a characteristic that Mr. Melhorn was known for and strived for.

During his retirement, Mark is looking forward to spending more time with his wife, traveling (during the school year!), holidays, and working on projects around the house and on his hunting land up north.

Principal Foley shared, “When I think of Mark, I smile. His dedication to the AHA staff, students, and families is unmatched. What a gift it has been to work with someone whose firm hand is also one of compassion and grace. We’ve been co-pilots for a long time, and I’m going to miss his steady, even presence.” President Shipley added, “Mark has set a standard for loyalty to AHA. His many years of service and his contributions to the school have made a huge impact. I’m personally grateful to Mark for being a great colleague and wish him the best in a well-earned retirement!”

Around Campus



Young Women in STEM

In February, 12 students had a unique experience at the *Young Women in STEM* Event. Lindsay Bollig Falzone '13, who works as a senior system engineer at Collins Aerospace, invited AHA to participate in the experience. “Our students really enjoyed seeing engineering in action. We were all in awe over what we experienced, and I think this field trip really opened up our students’ minds to new STEM fields,” said Mrs. Schwab, science teacher.

Parent Association Models the AHA Way



The AHA Parent Association (PA), pictured from left to right, Sara Hoeppner, Annette Poelvoorde, Kristi Koelfgen, Principal Heidi Foley and AHA Human Resource Manager Becky Hall Egan '87. The PA plan initiatives that embody *The AHA Way* and provides opportunities for both parents and students to actively participate in a caring, welcoming, and fun community. The PA also serves to build partnership with school administration through monthly meetings, creating a space for leaders to gain insight and receive feedback in order to help strengthen the school culture.

Stars Winter Sports



Boys basketball players, pictured, served meals at Holy Rosary Church in Minneapolis. Winter team highlights include: conference championships in girls basketball, boys hockey, and dance; section runner-up for girls basketball and girls hockey; and boys hockey with their best postseason run in over 10 years.



International Education & Service

Over spring break, 17 students and 3 teachers traveled to Costa Rica to improve their Spanish skills, learn about conservation, and serve a local community. The group learned about the important role that mangroves play to protect both the natural habitat and the people who live in those areas. Pictured, students helped in the Parrita mangrove nursery by cleaning out the area where the young trees are grown before they are planted in the mangrove.

Ben Ertl Earns 2023 Triple 'A' Award



The Triple 'A' Award honors high school seniors who are outstanding participants in academics, athletics, and the arts. The Region 3AA selection committee also chose Ben to represent the region at the state awards in March. Principal Foley said, "Ben is deserving of this wonderful accolade, and his work has made a big impression on many."



State One Act Play

Congratulations to the cast and crew of *A Midsummer Night's Dream: The Lovers* for their second place showing at the 2023 One Act Play 6AA Section Tournament in January.

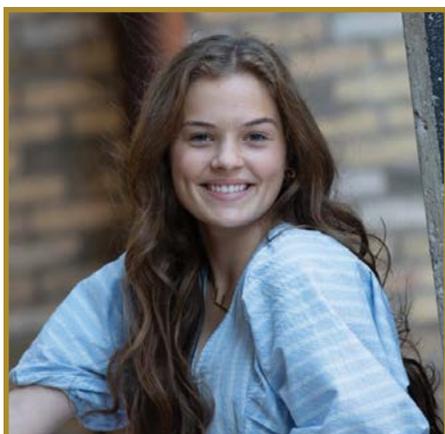
An Education Full of Opportunity

Well-rounded students who embody the AHA experience

Within the walls of our historic building, Academy of Holy Angels prepares students to meet the challenges of a modern, changing world. AHA provides a diverse student population with a rigorous, Catholic, college-preparatory curriculum and extensive co-curricular offerings.

From academic clubs to faith groups to robust athletic programs, approximately 95% of students participate in at least one co-curricular activity. These opportunities provide learning outside of the traditional classroom, hone students' time-management skills, and build lasting relationships - all strengthening our school community. Faculty, staff, coaches, and families partner together to shape students who become life-long learners, are actively involved in their church and community, and who find and share their gifts.

We highlight three seniors Who've taken full advantage of the many opportunities offered to them during their four years at AHA. We commend their involvement, work ethic, and can-do attitudes.



Emma Calton, Senior

- **Activities:** Fall Dance (team captain), Campus Ministry Team, Sustainability Club, Irish Dance
- **Academics:** Academics: AP Psychology, AP Spanish IV, AP Calculus, AP Literature, AP Government, National Honor Society
- **Work & Service:** Intern at Silver Bell Chiropractic, hardware store cashier, Big Brothers Big Sisters mentor, preschool teacher's assistant, AHA Liturgy Squad
- **In Emma's words:** "AHA provides an excellent and well-rounded education. I have truly learned so much academically, and at the same time, they have taught me to be an upstanding member of my community. The school has encouraged me to invest in my many interests by providing so many clubs, classes, communities, volunteer opportunities, and meaningful connections for students."



Therese Phan, Senior

- **Activities:** Activities: Diversity Club, Knowledge Bowl
- **Academics:** AP Calculus, AP Spanish IV, AP Government, AP Physics I, STEM Diploma participant
- **Work & Service:** Lector at St. Richard's/ St. Peter's, Eagle Scout, assistant at Stitch-in-Time Alterations
- **In Therese's words:** "At AHA, the teachers not only care and are willing to help students whenever they can, but they are also incredibly supportive and understanding about extracurriculars and life outside of school."



Ben Ritz, Senior

- **Activities:** Soccer (All-Academic, All-Tournament), Tennis, Math STARS (two-year captain), Campus Ministry Team
- **Academics:** AP Statistics, AP Calculus, AP Physics I, AP Government, AP Literature, STEM Diploma participant, National Honor Society, National Merit Commended Scholar
- **Work & Service:** Bridging volunteer, employed at Sportradar (sports data analytics company)
- **In Ben's words:** "AHA is very organized in the way they plan their extracurriculars; they offer so many great options for students to choose from. Teachers and coaches also support becoming involved in multiple activities. Each team forms a little community led by the seniors and/or staff members, so you will feel at home in any club or sport you decide to join."

Staff Stars!

Long before their time in the Holy Angels hallways, many of our staff members were Stars on the field, rink, and court. Here are our current staff who played collegiate sports before bringing their games to AHA!



TOM SHIPLEY, PRESIDENT, was a two-time All-Big Ten baseball player at the University of Wisconsin (UW). He was also a three-time All-Big Ten Academic and a District IV All-American. He tied the UW all-time hit record that was held by Harvey Kuehn in 1974 and was inducted into the Madison Sports Hall of Fame in 2009.

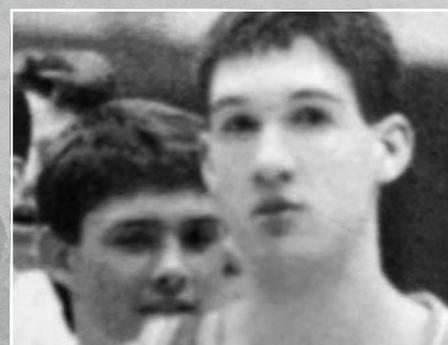


CAROLYN ARNEBECK, ATHLETIC DIRECTOR, was a 1994 National Champion basketball player at Anoka-Ramsey. She also played at Bemidji State University.



MARK SCHUMACHER, THEOLOGY TEACHER, played basketball at Saint Mary's University. He is ranked 6th all-time in career blocks.

DREY BRADLEY, P.E. TEACHER, was an All-American hockey player at Bemidji State University (BSU). He was one of the captains of the 1984 DII National Champion team that had a 31-0 record. That year, Drey was a two-time All-American. Drey was named one of the '50 Greats for 50 Years' at BSU.

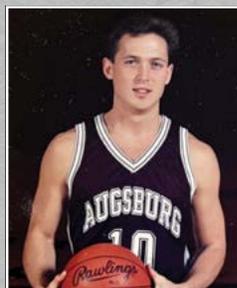


DAVID DEVINE, CHIEF FINANCIAL OFFICER, was co-captain of the University of St. Thomas men's basketball team in 2000.



JIM GUNDERSON, RTI COORDINATOR & AHA HEAD FOOTBALL COACH, was a football player at Augsburg College. He was one of the top defensive players in the conference earning Top 10 in the MIAC in tackles 2003 and 2004. Jim received the Excellence in Coaching Award from Augsburg in 2018.

JESSE FOLEY '89, ADVANCEMENT OFFICER, was captain of the Augsburg College basketball team in 1993 and played and coached professional basketball in Denmark.



DAN WOODS, DEAN OF STUDENTS AND TEACHER, was All-Conference, All-District 13, and an Honorable-Mention All-American football player at Bemidji State University.



LISA STOCCO, P.E. teacher, played in all 73 games and started every match for the Northern Illinois University soccer team. She was named freshman All-MAC and ranks 6th all-time in career assists.



Today, Tomorrow, Forever

"Just think what we can be"

Dear Friends of Academy of Holy Angels,

I am pleased to invite you to consider your participation in the Academy of Holy Angels Legacy Society. Established in 2004, the Legacy Society recognizes and honors those donors who have thoughtfully included AHA in their estate planning.

I would like to thank you for your past support of Academy of Holy Angels. Whether your gifts have been large or small, your dedication to our mission has been impactful. Many of our donors who've supported the school by way of annual and steadfast giving understand that an estate gift, which retains current assets and provides charitable support at a later time, is a transformational way to support the school.

I strongly encourage you to consider becoming a member of the AHA Legacy Society. Your generosity will have a profound impact on the school today, and it will continue

to create a world where our students will lead, serve, and give back to society because of the lessons learned here at Holy Angels.

Please take a moment to review the enclosed flyer which describes the specifics of how you can become involved.

May God bless each and every one of you. We are grateful for all you have continually and faithfully done to support our students and our mission.

Sincerely,

A handwritten signature in blue ink, appearing to read "Tom Shipley".

Tom Shipley, President





"Students need the Holy Angels experience more now than ever. As alumni, parents and members of the AHA community the most important thing we can do to ensure our next century of service to students is to prayerfully consider a legacy gift. Large or small, if we all give in this way, we can guarantee AHA's future. May God bless you for your generosity." – Jesse A. Foley '89



2023 Donor & Volunteer Recognition

On Tuesday, March 21, over 160 guests had the opportunity to celebrate the contributions of many AHA community members at the 2023 Donor & Volunteer Recognition Event. President Tom Shipley shared, "This event and all of you here tonight are very special to us. Tonight offers us a public opportunity to acknowledge those who have made a significant difference in the lives of so many students and teachers at Academy of Holy Angels and those who have positively impacted our great school for years to come."

The annual reception formally honors several community members for their generosity, service, volunteer efforts, and leadership. Each year, members of the St. Joseph Court and the AHA Legacy Society are also recognized for their lifetime philanthropic support of the school.



GARY RUFVOLD

St. Joseph Award

Gary Rufsvold is the 2023 St. Joseph Award recipient in honor of his 50 years of service at Academy of Holy Angels, for establishing AHA's interscholastic athletic program, as the school's first athletic director and first boys basketball coach. The award is a lifetime achievement award that recognizes a non-alum who has demonstrated exceptional leadership and outstanding contributions to Holy Angels, to their profession, and to the community.

Gary was hired in 1972 to develop a new comprehensive athletic program, a critical initiative as the school moved from an all-girls to co-educational program. Since then, his roles included athletics and activities director, teacher, director of admissions, boys basketball coach, director of building and grounds, supervisor of maintenance, and advancement associate. Gary - perhaps more than anyone else - has dedicated his life to AHA and our students, and his leadership and dedication leave a lasting legacy.



KARL TOURVILLE '80

Angelus Award

Academy of Holy Angels honors Karl Tourville '80 with the 2023 Angelus Award. Karl was recognized for his exceptional professional and civic accomplishments and for his generosity in establishing the Tourville Family Risen Christ Scholarship. This scholarship provides access for many of AHA's highest need students.

The Angelus Award is a lifetime achievement award for alumni who have demonstrated exceptional leadership and made outstanding contributions to the school, their professions, and the community.

The Possumus Award is presented to volunteers whose service efforts and positive energy have enriched the Holy Angels community. The Latin word Possumus means 'We Can' and is the motto of the Sisters of St. Joseph of Carondelet, the founders of AHA.



TIM & CARRIE CLEARY

Possumus Award

Tim and Carrie Cleary, parents to Kathryn '12 and Megan '15, were recognized for their service on the Board of Trustees, the Our Call: To Lead & Serve campaign cabinet, as team parents, and volunteering to lead Starfest and support the College & Career Center.



JOHN & KATHY ORNER

Possumus Award

John and Kathy Orner, parents to Joe St. Mane '08 and Jacob Orner '14, were recognized for their key role in the development of AHA's academics, athletics, fundraising, finance and investment programs, as well as their role in starting the school's first robotics team and STEM Diploma program.



Gabrielle Dominique '13

Rising Star Award

Gabrielle Dominique '13 received the 2023 Academy of Holy Angels Rising Star Award. Gabby was recognized for her remarkable work as a performing artist, actor, choreographer, dancer, and teacher. In her brief career, she has already performed at the Guthrie Theater, Ordway Center for the Performing Arts, and Arena Stage Theater (Washington D.C.), among others.

The Rising Star award recognizes the professional accomplishments and community involvements of young alumni who have achieved significant success in professional endeavors, civic activities, in community service and/or involvement with Academy of Holy Angels.



JEFF & TRESSA PATRIAS

Possumus Award

Jeff and Tressa Patrias are parents to Brittany Patrias Letcher '09, Thomas Patrias '12 (married to Mary Margaret Duffy '13), and Jeffrey Patrias '14. They were recognized for their leadership on the Board of Trustees, for their successful fundraising efforts with both Starfest and Steak Fry, and for their involvement in many of their kids' activities and interests.



BRIAN & ANN TURBEVILLE

Possumus Award

Brian and Ann Turbeville are parents to alums Eric Turbeville '08 and Rachel Turbeville Walczak '10, as well as in-laws to Rachel's husband, Sam Walczak '10. The Turbevilles were honored for their 20+ years of in-kind printing and design support through their company Wallace Carlson and as longtime donors and involved parents.

STARFEST

A NIGHT AT THE DERBY



Saturday, April 29, 2023

★ Enjoy a special evening with Frank Vascellaro ★
★ as emcee alongside President Tom Shipley. ★

Get ready for a night of bow ties and big hats at the annual Starfest auction to benefit our teachers and students. Alumni, parents, grandparents, and friends of AHA, we want to see all of you there!

Complete event details, raffle information (full tuition or \$10,000 grand prize!), and Starfest tickets are now available online at www.academyofholyangels.org/starfest.

We'll see you at the races on Saturday, April 29!

Thank you sponsors!

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TRIA



Thank you to these alums who attended Starfest in 2022. We hope you'll return this April!

Shoot for the
STARS
ACADEMY OF HOLY ANGELS
GOLF TOURNAMENT

Join Us! **Wednesday, June 14**
Deer Run Golf Course in Victoria

This annual golf tournament is hosted by, and directly benefits, the Stars boys and girls hockey programs. Visit the AHA website for more information and to register.

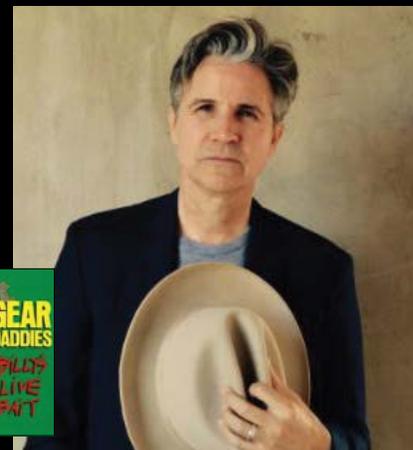


ROCK THE LAWN IS JUNE 24

Rock the Lawn is an all-community outdoor music concert celebrating Holy Angels! It includes a Mass, tours, music, food, drink and great fellowship. We hope you can join us!



HEADLINER- Martin Zellar and the Hardways



AHA is excited to announce that the 2023 Rock the Lawn headliner is Martin Zellar and the Hardways. Martin Zellar first appeared on the music scene in the late 80's as the lead singer and songwriter for the alt-country pioneers, Gear Daddies.

TICKETS

Available for purchase now at RTL23.givesmart.com

2023 PRICING

Young AHA Alumni ('15-'20) and all Pre-Co-Ed Alumnae - \$15

All other tickets thru June 1 - \$25

Ticket after June 1 & at-the-door - \$30

SCHEDULE

5:00 pm Mass, AHA Chapel

5:30 pm Food Trucks, Bar and Games open on the Lawn

6:00 pm Band #1, Paul Peterson and Tommy Barbarella

7:45 pm Band #2, You Oughta Know

9:30 pm Headliner, Martin Zellar and the Hardways

11:00 pm End

A BIG THANK YOU TO OUR SPONSORS!

Petsmart is the sponsor of the Martin Zellar and the Hardways performance

Welter Heating is the sponsor of the Main Beer Hall



John Bork '88



Rick Welter '93



Dan O'Rourke '90



Sarah Melby Thomas '07



Phil Kopischke



Pat Kelly '92



Hannah Schweich Hanson '06

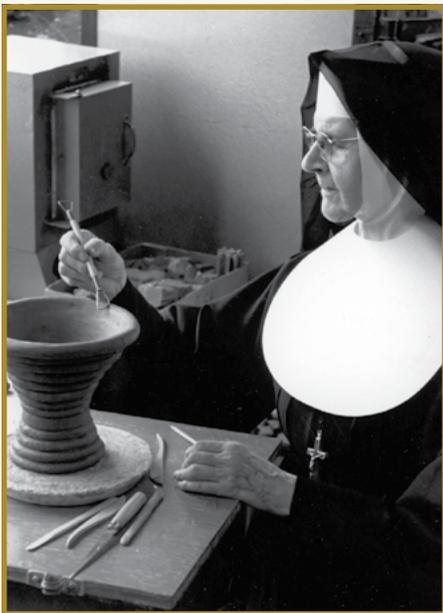


A School To Care for her Daughters

Written by Patricia Finley Tholson '58 and Kathleen Finley Hanson '59

The display in Heritage Hall just outside the theater at Academy of Holy Angels displays 'Yesterday, Today, Tomorrow' on the wall. On this wall are also early pictures of Sisters of St. Joseph of Carondelet (CSJ) who started and served at Holy Angels. This is our story about the loving connection we have to the Sisters of St. Joseph and to Academy of Holy Angels.

Our grandmother, Harriet Lefebvre Dougherty, moved from Ontario, Canada to St. Paul, Minnesota in order to attend St. Joseph School of



Sister Leon Lefebvre was a very talented artist who became Chair of the Art Department at St. Catherine College.

Nursing. Her older sister and our great aunt, Leon Lefebvre, CSJ, was a high school art teacher.

When our grandmother Harriet was in her early 40s, she was diagnosed with terminal cancer. After the diagnosis, she was determined to make sure her oldest daughter would know her future educational plan was secure. Her oldest daughter was our mother, Mary Patrice Dougherty Finley, who was 13 years old and attended Incarnation Catholic School in South Minneapolis at that time.

Our grandmother turned to her sister, Sister Leon Lefebvre, for advice. Sr. Leon, who eventually would lead the art department at St. Kate's, recommended Academy of Holy Angels, believing it would be the best place for our mother and perhaps for her younger siblings too.

Our grandmother Harriet died in July 1934, just a few months before our mother's freshman year at Holy Angels. By the grace of God, during our mother's freshman year, Sister Leon was assigned to the faculty at Holy Angels as an art teacher where she taught alongside the great Sister Rose Aurelia, CSJ. Mom, with many of her friends and classmates from Incarnation, made their way out to



Mary Patrice Dougherty Finley '38, AHA graduation.

the beautiful campus and building at Holy Angels.

It was a wonderful time for Mom. She became the freshman class president, maintained her Incarnation friendships, and made new ones too. Her best friend, Ann Sweetser Leadon '38, started the Holy Angels school newspaper, The ACHOAN, and mom became a reporter. They graduated together in the class of 1938 and remained friends their entire lives.

In our family of nine children, three of us were able to attend Holy Angels with the assistance of scholarships and work study. We followed our



Patricia's 10th birthday party. Many Incarnation girls who would eventually enroll at Academy of Holy Angels. They include: Kathy Woods Fredricks '58, Sally Hackenmuller Praus '58, Margaret Gray '58, Pat Finley Throlson, '58, Kathy Finley Hanson '59, Julie Finley Jaruszewski '60, Ann Dower '58, Dianne Trebil Ocel '58. The little gal in the upper right corner is Sally Finley Harloff, (Regina HS) '72.



Mary Patrice Dougherty '38, top left, is shown here as class president.

mom, to whom Holy Angels was so important, and continued both her and our grandmother's legacy.

Our years at AHA were also good ones. We recall that the nuns were driven to nourish both minds and bodies. We were often treated to a piece of rhubarb pie or an apple as we did our student service for geometry teacher, Sister Alice Irene. We are grateful for the encouragement from faculty to take classes specifically focused on preparing us for our careers.

Uniforms have gone through many changes. For a few years in the '50s, the uniform was a blue skirt and white blouse with a Peter Pan collar, and our mom sewed both of those items for her 3 daughters.

As for our late sister Juli, AHA class of 1960, we recall she was drawn to the new HUB shopping center to socialize. She met her later husband-

to-be Jack Jaruszewski, a De La Salle graduate, at the Hub, so it was time well-spent and a happy ending for her!

We are all proud Academy of Holy Angels graduates. We all benefited and were nurtured by our education at AHA and we are proud to support Holy Angels so others may likewise be.



Patsy and Kathy's grandmother Harriet Lefebvre at her nursing school graduation.



An AHA tea, Mary Patrice Dougherty '38 is 3rd from left.

Alumni Class Notes



A big thank you to 16 AHA alums who returned to assist with **JumpStart your College Planning Day**. They did a wonderful job serving on the Career Preparation session.



It was a thrill to host Brit Co-Star **Rick Parish**, member of the Class of 1977, for a tour! Rick and his family were in town from England to show his family where he and his sister **Catherine Parish '76** and brother **Christopher Parish '79** went to school during the 1975-76 school year. They were joined by good friends **John Schullo '77**, **Joe Fraser '77**, and Gina **Schullo Meacham '80**.



Congratulations to **Maureen Scallen Failor '79** and **Jazz Hampton '08** who were both named by Twin Cities Business Journal to their TCB Top 100 List, recognizing Minnesota's 100 people most likely to drive change. Maureen was selected for this honor for her innovative work as President of Dakota County Regional Chamber of Commerce. Jazz was selected for this honor for his work at



Turnsignl, to protect civilians and police during traffic stops.



Congratulations **Sydney Burns '21** who was named to the MIAC All-Academic Team.

Congratulations to **Timmy Hays '04** who was honored as a recipient of the 2022 Broadway World Award for Best Supporting Performer in a Musical for Rizzo in Grease at The Fireside Theatre.



Congratulations to **Billy Hengen '00**, girls hockey coach at Gentry Academy, who is the first hockey coach in Minnesota history to win a state title in boys and girls hockey. Billy is the all-time leading goal scorer in AHA hockey history with 106 career goals. His 1999 Holy Angels team was the first from the school to play in the AA State Tournament. After high school, Billy played at St. Cloud State University from 2002-2006. He led SCSU to 22 wins in 2006 and a Final Five championship appearance. After college, Billy joined the Holy Angels Boys Varsity staff from 2006-2011. He also served as head coach for the Holy Angels boys hockey team. Billy credits the late coach Greg Trebil as his coaching mentor.



Congratulations to **Sam Kelly '01** who, as a professor with the Large Lakes Observatory and the Physics & Astronomy Department at UMD, has been involved in the Surface Water and Ocean Topography satellite project. Sam works with NASA as they include the Great Lakes as part of their study.



Meghan Shea '13 and **Sean McSweeney '13** graduated from St. John's (Savage) in 2009, AHA in 2013, and recently from the University of Minnesota Medical School. Meghan is in OB/GYN at Creighton University Health in Phoenix and Seán is in urology at the Cleveland Clinic.



Michigan Tech soccer players **Mia Van der Heide '21** and **Grace Hoepfner '21** both recently earned GLIAC All-Academic honors. Congratulations!

In Loving Memory



Please help us remember and pray for those in our AHA community who have died.

ALUMNI

Joanne Russell Bendick '58 (10/25/2022) sister to Patricia Russell '64 +

Patricia Mahone Black '49 (2/20/2023) sister to Mary Lou Mahon Dahley '47 +

Rita Reed Buckley '59 (1/30/2023)

Delores Bullmer '47 (10/25/2021) grandmother to Frances Johnson '10

Peggy Chichester Chilton '54 (9/27/2022)

Therese Daleki Commers '55 (10/26/2022) sister to Judith Daleki '54

Mary Seibel Cronin '47 (9/8/2018) sister to Dorothy Seibel

Mary Lou Mahone Dahley '47 (9/14/2004) sister to Patricia Mahon Black '49 +

Jacqueline Ann Carlson Farmer '61 (9/17/2022)

Marilyn Melchoir Fintel '61 (1/25/2023)

Christopher Fleming '85 (01/2023) son to Michael Eileen Riley Fleming '60+, nephew to Robin Lang '69+, Jill McGrane '71, Maureen Riley '73+, Shelley Riley '75, Brigid Riley '81, brother to Sean Fleming '86, cousin to Michael Wood '13, Katherine Wood '18, and Grace Riley '02

Patricia Olson Francomacaro '58 (4/3/2022)

Michelle O'Connor Hagen '77 (11/6/2022) sister to William '76, Daniel '80, and Kathleen Beckius '79

Linda Hietala Hansen '86 (6/15/2022)

Mary Mulcahy Hendricks '56 (11/26/2022) sister to Susan Broyden '55+, John Mulcahy, aunt to Erin Mulcahy-Bilig '96, Colin Mulcahy '99, and Kaitlin Mulcahy '06,

Patricia Kenney Igel '57 (11/23/2022) mother-in-law to Steven Trudell '85, grandmother to Megan Trudell '13, and John Trudell '15

Thomas Jennrich '83 (1/25/2023) brother to Michael Jennrich '77 and Christine Jennrich '79

Kay Hokenstrom Kelly '63 (7/23/2020) sister to Frances Hokenstrom '68, mother to Molly Kelly-Madson '88, and Kathleen Kelly '92

Margaret Ashwell King '44 (12/2022)

Shannon Sidney Laska '89 (11/9/2022)

Rita Lehnert '61 (12/5/2022) sister to Mary Lu Hansen '60

Kathleen Kurimay McCoy '62 (5/19/2022)

Paul Podgorak '88 (6/28/2022) brother to John Podgorak '86

Barbara Liemandt Schuyler '58 (5/24/2022)

Dorothy Seibel '58 (2020)

Patricia Zierdon Squier '67 (6/30/2006)

Margaret Troje-Meade '71 (1/16/2023)

Ruth Conlin Wertenberg '66 (10/13/2021). Sister to Judith Conlin Bellis '59, Barbara Conlin Blaeser '62 and Ellen Conlin Schatz '68.

Marian Evans Wright '50 (7/18/2022) grandmother to Timothy Root '01

COMMUNITY MEMBERS

Therese Anderson (2/22/2023) mother to Paul Pelletier '74, Louise Pieper '76, Phillip '80, Richard Pelletier '78, mother-in-law to Patricia Pelletier, grandmother to Margaret '05, Katherine '07, Timothy '13, and Victoria '16

Chris Dahl (11/22/2022) husband to Taryn Dahl and father to Briarleigh Dahl '25

Genevieve Everson Freier (9/8/2022) former teacher

Sue Hebert (2/3/2023), mother to Karen Hebert Laverdiere '03, Kristen Hebert Mathis '04 and Nicole Nguyen Hebert '07

Deborah Hutchens (11/25/2022) mother to Mark Hutchens '77, Mike Hutchens '78, Kevin Hutchens '79, Phillip Hutchens '80, Arianne Calvert '82, and David Hutchens '84

Tom Kasbohm (12/6/2022) Father to Thomas '81, Rosemary Brausen '83, Madonna '88, and Paul Kasbohm '90

Agnes Kelly (11/26/2022) mother to Mike Kelly, mother-in-law to AHA staff member Mary Kelly, grandmother to Joseph '20, Megan '22, Nathan '25 and Quinn Kelly '27

Mary Knoll (11/15/2022) mother to John Hamel '83 and Susan Hamel Podas '85, grandmother to Matthew Podas '19 and Alex Hamel '05

Robert King husband to Margaret King '44 +

Paula Meckey (11/ 18/2022) mother to board member Sam Meckey, mother-in-law to Amy Meckey and grandmother to Katherine '17, Megan '19, and Jacob Meckey '23.

John E. Povolny (11/11/2022) father to former board chair John D. Povolny, grandfather to Maria Povolny Maslowski '98, Matthew Povolny '00, and Laura Povolny Cappiello '02

Matthew Sackmaster, (2/6/2023) brother-in-law to staff member Lisa Sackmaster and uncle to Amanda Sackmaster '14, Megan Sackmaster '15 and Sydney Sackmaster '15.

Marion Short (11/5/2022) grandmother to Paul Lucke '08

Michael Skwira (11/10/22) husband to Karen Tell Skwira '58.

Pat Stubbs (12/5/2022) husband to Linda Fadell Stubbs '59, brother-in-law to Mary Lou Fadell Hines '51+ and Kath Fadell Benson '54

Janice Thornton (10/3/2021) mother to Mary Kraft '78, Ann Kleiner '79, Susan Thornton-Ball '81

Gene Wise (2/16/2023) former volunteer football coach

To have someone remembered, contact the Alumni Office at alumni@ahastars.org. These names were those that Holy Angels was notified about prior to March 15, 2023. We apologize for omissions due to lack of information or error.



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WE HOPE TO SEE YOU
ON CAMPUS SOON!

APRIL 15 - 28 *Joseph and the Amazing Technicolor Dreamcoat*

APRIL 29 Starfest Auction

JUNE 4 2023 Commencement

JUNE 12 - 22 Summer Experience Camps

JUNE 14 Shoot for the Stars Golf Tournament

JUNE 24 Rock the Lawn

OCTOBER 6 Grandparents Day

CLASS REUNIONS Class of 1959 - September 16
Class of 1973 - October 7
Class of 1963 - October 14

Find us on:



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Twitter: @aha_stars



Facebook: Academy of Holy Angels Alumni



Or the web: www.academyofholyanagels.org

WE WANT YOU IN THE CLASS OF 2027!

Begin your online application for the 2023-24 school year.



SUMMER EXPERIENCE

CAMPS



\$90

STARS STARS STARS STARS STARS

Grades 3rd to 9th
June 12-15 & June 19-22